

FACT:

Better Income Can Lead to Better Health

Do you have trouble making ends meet at the end of the month?

THEN.... Filing your taxes is necessary to get benefits such as...

GST credit | Canada Child benefit | and more

How filing taxes can put money in your pocket

EXAMPLE: Single parent, 2 children (ages 2 & 4), living in private rental market.
Employed part time.

Annual employment income – Before filing taxes	\$15,000
GST Refundable Credit (\$216.50 paid quarterly)	\$866.00
Canada Child Benefits (\$1082.66 paid monthly)	\$12,991.92
Working Income Tax Benefit (with refund OR part paid quarterly)	\$1894.00
MB Rent Assist Benefits (\$437.00 paid monthly)	\$5,244.00
MB Child Benefit (\$35.00 paid monthly)	\$840.00
MB Personal Tax Credit (refund upon tax filing)	\$266.00
Total Additional Benefits	\$22,101.92
TOTAL ANNUAL INCOME - After filing taxes & getting benefits*	\$37,178.00

* You must apply for some benefits and credits separately from your taxes

More information and forms visit: [Get Your Benefits](#)

[Federal Benefit Information](#)
[Provincial Benefit Information](#)