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## Dauphin Regional Health Centre prepares for busy weekend

Dauphin Regional Health Centre (DRHC) officials have been actively planning for increased levels of activity through the Canada-Day weekend. With Dauphin's Countryfest and the Agriculture Society Fair running through the holiday long weekend, additional staff has been scheduled in some key areas including Emergency Medical Services (ambulance) and the Emergency Department.

A reminder that within the Emergency Department, patients are assessed and treated as quickly as possible and not necessarily in the order they arrive. If seeking medical care, you—or a support member—should bring your Manitoba Health Care Card and, if possible, a list of your medications.

Here are some other key reminders:

- As always, for any urgent or emergent issues, please call 911. If you don't believe your situation is urgent, but still want to speak to a Registered Nurse, call Health Links/Info Santé Toll-Free at 1-888-315-9257. Registered Nurses take calls 24-hours a day, 7-days a week.
- For non-urgent matters, the Dauphin Medical Clinic is open during certain times during the week and holiday weekend. In conjunction with the Clinic, we note that their walk-in hours on Saturday (June 30) are 9 a.m. until noon. On Monday (July 2<sup>nd</sup>), walk-in clinic hours will be 9 a.m. until noon. Contact the Medical Clinic to verify hours of availability.
- If weather forecasts call for hot weather, be sun safe to protect your skin and be aware of both the temperature and heat index (real feel temperature) to potentially prevent heat-related illness. More information on heat health and safety can be found on the Prairie Mountain Health website.
- Construction at the DRHC continues. Public are reminded to continue accessing the Health Centre through the temporary entrance located at the rear of the building on Jackson Street. Please follow all posted signs.

Prairie Mountain Health extends a wish for all to have an enjoyable but safe time during the course of these local events and busy summer season.

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